



Summer salad



Categoria
Saladas



Tempo de preparação
Médio



Dificuldade
Médio



Custo
Intermediate



Com quem?
With friends



Nº de pessoas
4 pessoas

Ingredientes

 100ml of Gallo Extra Virgin

- 1 fresh puff pastry
- 200g of avocado
- 250g of mixed lettuce
- 125g of green apple
- 100g of mango
- 100g of tomato

Method of preparation

1

Grease an inox or Pyrex mould with Gallo Extra Virgin Olive Oil.

2

Put the roll of puff pastry on a tray and put it in a 220°C preheated oven until you reach the desired colour (20 to 30 minutes).

3

When the dough is ready, take it out of the mould and let it cool down.

4

Cut and mix all ingredients, the avocado, the mixed lettuce, the apple, the mango and the tomato.

5

Put the mixture of ingredients inside the dough and when cold, season it with Gallo Extra Virgin Olive Oil.

Produtos utilizados



Extra Virgin
Extra Virgin Olive Oil



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