



Colorful vegetable rice



Categoria
Vegetariano



Tempo de preparação
Médio



Dificuldade
Fácil



Custo
Low



Com quem?
With family



Nº de pessoas
2 pessoas

Ingredientes



To taste: Gallo Extra Virgin
Olive Oil My First Olive Oil

- 1 thin slice of tofu
- 1 piece of chinese cabbage
- 1 small piece of carrot
- 100g of pork
- To taste: salt

Modo de preparação

1

Cut the pork and carrots into dices, put into the pot together with cold water into, stew for an hour.

2

Cut the chinese cabbage and tofu into small dices, take out stewed meat and carrot dices, and chop into mince.

3

Put a small amount of Gallo Extra Virgin Olive Oil My First Olive Oil, put the mixed vegetables dices and fry, sprinkle a little baby salt or soy sauce. The meal is ready!

Produtos utilizados



My First Olive Oil
Extra Virgin Olive Oil



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