



Beetroot and chestnut purée



Categoria
Sopas



Tempo de preparação
Rápido



Dificuldade
Fácil



Custo
Low



Com quem?
With family



Nº de pessoas
2 pessoas

Ingredientes

 1 tablespoon of Gallo Extra Virgin Olive Oil My First Olive Oil

- 1 chestnut
- 1/2 beetroot
- 1/2 onion
- 1 potato (large)

Modo de preparação

1

Wash the vegetables and peel them.

2

Cut them and place in a saucepan, adding water until covered. Cook until soft.

3

Remove from stove and blend to a smooth purée. Add one tablespoon of Gallo Extra Virgin Olive Oil My First Olive Oil and blend again.

Produtos utilizados



My First Olive Oil
Extra Virgin Olive Oil



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