Beetroot and chestnut purée

Categoria	Tempo de preparação	Dificuldade	Custo	Com quem?	Nº de pessoas
Sopas	Rápido	Fácil	Low	With family	2 pessoas

Ingredientes

- 1 tablespoon of Gallo Extra Virgin Olive Oil My First Olive Oil
- 1 chestnut
- 1/2 beetroot
- 1/2 onion
- 1 potato (large)

Modo de preparação

1. Wash the vegetables and peel them.
2. Cut them and place in a saucepan, adding water until covered. Cook until soft.
3. Remove from stove and blend to a smooth purée. Add one tablespoon of Gallo Extra Virgin Olive Oil My First Olive Oil and blend again.

Produtos utilizados

My First Olive Oil

Extra Virgin Olive Oil

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