



Steamed egg with minced meat











Nº de pessoas 2 pessoas

Ingredientes



💔 To taste: Gallo Extra Virgin Olive Oil My First Olive Oil

- 50g of egg
- 25g of pork meat
- Salt, to taste
- · Pure water, to taste

Modo de preparação

4

Prepare in advance appropriate amount of Gallo Extra Virgin 1 Olive Oil My First Olive Oil and some salt.

Break the eggs into the bowl and stir with chopsticks evenly; 2

Then add approximately 1-1.5 times clean water, beat again, 3 add minced meat, add salt (optional).

> Cover with cling film, steam for about 10 minutes until egg mixture can be cooked, add a little amount of sesame oil.

Produtos utilizados



My First Olive Oil Extra Virgin Olive Oil



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