



Chicken cubes sauteed with vegetables




Categoria
Carne


Tempo de preparação
Médio


Dificuldade
Fácil


Custo
Low


Com quem?
With family


Nº de pessoas
4 pessoas

Ingredientes

 2dl of Gallo Extra Virgin

- 400g of chicken breast
- 100g of red onion
- 100g of green pepper
- 100g of red pepper
- 100g of green asparagus
- 1dl of soy sauce
- 20g of fresh spring onions

Modo de preparação

1

Cut the meat and the vegetables into cubes.

2

In a sauté pan, fry the meat in Gallo Extra Virgin Olive Oil and then add the vegetables.

3

Sauté everything well.

4

Season with soy sauce.

5

At the end, place the spring onions cut into small slices on top.

Produtos utilizados



Extra Virgin
Extra Virgin Olive Oil



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