

# Braised chicken liver with dried figs



Categoria  
Carne



Tempo de preparação  
Demorado



Dificuldade  
Médio



Custo  
Intermediate




Com quem?  
With friends



Nº de pessoas  
4 pessoas

## Ingredientes

 100ml Gallo Extra Virgin Olive Oil

 15ml Gallo Red Wine

- 500g chicken livers
- 200g dried figs
- 100ml red Port wine
- Ground pepper to taste
- Salt to taste
- Chopped onion to taste
- Bread to taste

## Modo de preparação

1

Clean the chicken livers and marinate them in red Port wine and half of the olive oil for an hour.

2

Heat the chopped onions, add the chicken livers and the marinade oil, letting them stew for approximately an hour and a half.

3

On the last 30 minutes, add the figs to the stew. At the end, add the red wine vinegar.

4

Plate it, placing the livers inside rings and letting them cool.

5

Serve with toasted bread slices.

## Produtos utilizados



Olive Oil  
Olive Oil



Red Wine  
Daily Vinegar



Mais receitas em

[www.galloportugal.com](http://www.galloportugal.com)

© 2024 Todos os direitos reservados à Gallo Worldwide