



# Vegetable soup with almonds



Categoria



Tempo de preparação  
Select



Dificuldade  
Fácil



Custo  
Select




Com quem?  
Select



Nº de pessoas  
4 pessoas

## Ingredientes

 100ml of Victor Guedes  
Extra Virgin

- 150g of potatoes
- 150g of onions
- 150g of courgettes
- 150g of carrots
- 10g of garlic
- 80g of shredded almonds
- Salt and pepper, to taste

## Modo de preparação

1

Place all the diced vegetables in a pan, setting some pieces aside for decorating.

2

Add half of the olive oil, cover and braise over a low heat.

3

Once braised, add water and check the seasoning.

4

Blend well using a hand blender.

5

Toast the almonds.

6

Sauté the vegetables set aside for decorating.

7

Serve the soup with the vegetables, almonds and a drizzle of olive oil.

*Produtos utilizados*



*Extra Virgin*  
Extra Virgin Olive Oil



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