



Homemade granola with fruit and yogurt



Categoria
Brunch



Tempo de preparação
Rápido



Dificuldade
Fácil



Custo
Select




Com quem?
Select



Nº de pessoas
4 pessoas

Ingredientes

 25ml Gallo Bio

- 150g granola
- 400g different fruits: papaya, banana, green and red apple; or other fruit you prefer
- 50g chia seeds
- 2 units of natural greek yogurt
- 2 units of strawberry yogurt
- 50g honey

Modo de preparação

1

You may buy the granola or make it at home.

2

To do so, put the cereals and dry fruit you enjoy the most in a baking tray, drizzle with the olive oil and honey and put in the oven at 140°C to dry.

3

The granola is ready when the mixture is dry and golden.

4

Then, mix the granola with Gallo Bio, the honey and the chia seeds.

5

Cut the fruit in big pieces.

6

Put the yogurts in the bottom of a plate, mixing them well together.

7

Cover with the granola and put the fruit around.

Produtos utilizados



Bio
Extra Virgin Olive Oil

Veja também

Brunch Rápido Fácil

Croissants com abacate, bacon e ovo escalfado

Brunch Rápido Fácil

Tostada com tomate e ovo frito

Brunch Demorado Médio

Waffles de legumes com tomate e abacate

Brunch Médio Fácil

Gnocchi com cogumelos e queijo parmesão

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Espargos com salmão e ovo escalfado



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