



Scrambled eggs with tomato



ZTempo de preparaçãoRápido

Dificuldade
Fácil

Custo
Select

Com quem?
With family

Nº de pessoas 4 pessoas

Ingredientes



- Eggs (4 un.)
- Tomatos (2 un.)
- · 1 coffee spoon of salt
- 0,5 coffee spoon of sugar
- · Spring onions to taste

1	Crack the eggs to a bowl and scramble them, together with the salt.
2	Cut the tomatoes in fours and then in smaller pieces.
3	Heat a wok with the olive oil and then sauté the tomato, together with the sugar.
4	Then, add the eggs and in let them cook in high heat, always stiring for approximately 40 seconds.
5	Remove from the heat and add the chopped spring onions.
6	Serve immediately.



m Dicas do Chef

For a better taste and texture, serve the eggs underdone.

Produtos utilizados



Extra Virgin Extra Virgin Olive Oil



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