



Vegetable soup with almonds



Categoria



Tempo de preparação

30min



Dificuldade

Fácil



Custo

Econômico



Com quem?


Select



Nº de pessoas

4 pessoas

Ingredientes

 100ml of Gallo Extra Virgin Olive Oil Clássico

 Extra Virgin

- 150gr of Potatoes
- 150gr of Onions
- 150gr of Courgettes
- 150gr of Carrots
- 10gr of Garlic
- 80gr of Shredded almonds
- Salt and pepper to taste

Modo de preparação

1

Place all the diced vegetables in a pan, setting some pieces aside for decorating

2

Add half of the Gallo olive oil, cover and braise over a low heat

3

Once braised, add water and check the seasoning

4

Blend well using a hand blender

5

Toast the almonds

6

Sautee the vegetables set aside for decorating

7

Serve the soup with the vegetables, almonds and a drizzle of Gallo olive oil

Produtos utilizados



Clássico
Azeite Virgem Extra



Extra Virgin
Extra Virgin Olive Oil



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